

Exclusive Savings from ASEQ Network Partners*

Save More with Network Members

greiche & scaff

15% or \$100 off*
a complete pair of prescription eyeglasses or sunglasses (frames and lenses)

*The higher discount will apply.

LASIK MD
VISION

\$50 off/eye
on Standard LASIK*

\$100 off/eye
on Custom LASIK*

*Certain conditions apply.

*} PSYVITALITI

\$30 discount*
on a regular 50-minute adult therapy or coaching session

*Your Plan only covers a portion of the cost of therapy sessions.

Discover more partners online!

Dentists, physiotherapists, and chiropractors

NEW! PROGRAMME MIEUX-ÊTRE

A confidential support service available 24/7 to Dental Plan members. No issue is too big or too small. Get support for issues of any kind, such as:

- Mental health
- Finances
- Relationships and family
- Trauma and crisis management
- Stress
- Psychosocial support related to addictions
- Career counselling
- Nutrition

Visit www.aseq.ca for complete details. 1-833-851-1363

Powered by Optima Global Health

Questions? Contact Us



Care Office
Université de Sherbrooke, Main Campus
Multifunctional Pavilion
Room B5-007-4

Care Centre
873-389-0437 (Sherbrooke)
514-687-6987 (Longueuil)
www.aseq.ca



NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.aseq.ca to learn about all the applicable conditions and exclusions.

The most popular coverage on campus

As a graduate student at the Université de Sherbrooke and a member of REMDUS, you have access to one of the most important services on campus, the REMDUS Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs, like vision care, dental care, and travel care abroad.

If you're an international student, you have access to the dental portion of the Plan only, unless you have a provincial health-care card (RAMQ). Visit www.aseq.ca for more details on eligibility.

We invite you to verify if you're already covered by another plan (through an employer, parent, or spouse). If so, the student Plan can still be of interest to you, as you can be reimbursed the remaining eligible fees (partially or fully) through your secondary plan.



Desjardins Insurance
PO Box 3950
Levis, Quebec G6V 8C6
1-866-647-5013
Health, vision, and dental benefits are insured by Desjardins Insurance.
Group Number: Q1616
Desjardins Insurance refers to Desjardins Financial Security Life Assurance Company.



Blue Cross
PO Box 1046, Stn. Main
Winnipeg, Manitoba R3C 2X7
1-866-601-2583 (toll-free): Canada/United States
0-204-775-2583 (collect): other countries
Travel coverage is administered by Blue Cross.
Group Number: 97180
Blue Cross designates Blue Cross Life Insurance Company of Canada.

Please note that the Programme mieux-être is not an insurance product. To determine if this product is right for you, for more details, or to contact a licensed insurance representative, visit www.aseq.ca.



OUR ENVIRONMENTAL COMMITMENT ON PAPER

This document contains 100% post-consumer fibre, Certified EcoLogo, Processed Chlorine Free, and FSC® Certified Recycled. Manufactured using biogas energy.



Regroupement étudiant de maîtrise,
diplôme et doctorat de l'Université de Sherbrooke

2021-2022

Your REMDUS Student Health & Dental Plan

Make the most out of it



Providing Quality Coverage

Health Plan

 **Health Up to \$10,000**

New! Neurostimulants
Contraceptives
Antidepressants
Vaccinations
Psychologists
Physiotherapists

Kinesiologists
Chiropractors
Massage therapists
Osteopaths
Ambulance and more!

 **Vision Over \$450**

Eye exam
Eyeglasses and contact lenses
Accident coverage for eyeglasses
Laser eye surgery

Travel Plan

 **Care Abroad Up to \$5,000,000**

120 days per trip, up to \$5,000,000 per lifetime (includes eligible COVID-19 medical expenses), trip cancellation and trip interruption in the event of a medical emergency or an eligible Travel Advisory

For a complete description of your coverage and to obtain your certificate number, visit www.aseq.ca.

What are you waiting for? Make the most out of it!

Dental Plan

 **Dental Up to \$1,000**

Checkups
Cleanings
Fillings

Extractions and more!

 Insured Portion

Preventive Services

- Recall exams
- Cleanings

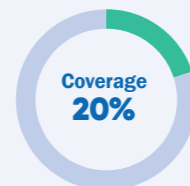
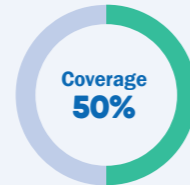
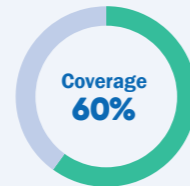
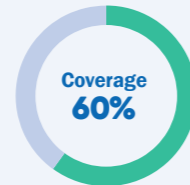
Extraction of Impacted Teeth

Basic Services

- Minor restorative (fillings)
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)

Major Restorative

- Crowns
- Bridges



At a Great Price

Check it out!



*This is an annual Plan. Students will therefore be covered for one year (September–August). If you begin your studies in the winter, you may make an opt-out or change-of-coverage request in the Winter Term.



Fall 2021 Combined Fee (September–December) \$133.01



Winter 2022 Combined Fee (January–August) \$266.02

Introduce me to your family

Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.aseq.ca for instructions.

+1 Add one dependant for **\$399.03** for full-year coverage*

∞ Add unlimited dependants for **\$798.06** for full-year coverage*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2022 for new Winter Term students are available at www.aseq.ca.

The Ease of Claiming at Your Fingertips

Quick claiming & reimbursement

Five Easy Steps:

1. Create a profile.
2. Take a picture of your receipt with your device.
3. Send it to your insurer via the app.
4. Wait for your claim to be quickly processed.
5. Receive a refund by direct deposit.



Search **ASEQ mobile** to download now!

Available on the **App Store**

ANDROID APP ON **Google Play**

Claim forms are also available online at www.aseq.ca.

Change-of-Coverage and Opt-Out Periods

Fall Term students:
Sept. 15 – Oct. 15, 2021

New Winter Term students only:
Jan. 15 – Feb. 15, 2022

The Plan is a non-mandatory automatic contribution.

All opt outs or coverage changes can be completed online at www.aseq.ca. You can choose between an annual or a permanent opt out.

Visit www.aseq.ca