

# Exclusive Savings from ASEQ Network Partners\*

## Save More with Network Members\*\*

greiche & scaff

\$150 off  
eyeglasses

10% off  
contact lenses

 PSYMONTRÉAL

\$30 discount

on a regular 50-minute adult therapy or coaching session

Discover more partners online! Physiotherapy, chiropractic, and gender affirmation care practitioners



\$550 off

on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

\*ASEQ and the insurers do not endorse or assume any responsibility with respect to the use of their services.  
\*\* Certain conditions apply.

# An Essential Service for Students

If you're a graduate student at the Université de Sherbrooke and a member of REMDUS, you have access to one of the most important services on campus: the REMDUS Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs, like vision care, dental care, and travel care abroad.

If you're an international student, you have access to the health and dental portion of the Plan. This Plan complements the coverage for international students offered by the Université de Sherbrooke or provincial health care (RAMQ). See [www.aseq.ca](http://www.aseq.ca) for more details on eligibility.

We invite you to verify if you're already covered by another plan (through an employer, parent, or spouse). If so, the student Plan can still be of interest to you, as you can be reimbursed the remaining eligible fees (partially or fully) through your secondary plan.

**Desjardins Insurance**  
Life • Health • Retirement

**Desjardins Insurance**  
PO Box 3950  
Levis, Quebec G6V 8C6  
**1-866-647-5013**  
Health, vision, and dental benefits are insured by Desjardins Insurance.  
**Group Number: Q1616**  
Desjardins Insurance refers to Desjardins Financial Security Life Assurance Company.

**securian CANADA**

**Securian Canada**  
1400-25 Sheppard Avenue West  
Toronto, Ontario M2N 6S6  
**1-888-852-2419 or 1-514-904-4730** for claims  
**Group Number (travel): 97180**  
  
Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company. For more information visit [www.securiancanada.ca](http://www.securiancanada.ca) or call 1-844-894-0378.

**GreenShield**

**GreenShield**  
8677 Anchor Drive  
C. P. 1606  
Windsor, Ontario N9A 6W1  
**1-888-525-7587**  
Gender Affirmation Care coverage is insuredured by GreenShield.  
**Group number: GCX**

To determine if this products is right for you, for more details, or to contact a licensed insurance representative, visit [www.aseq.ca](http://www.aseq.ca). Please note that Conversation, AlloDoc!, The Essentials, and the legal component of Gender Affirmation Care are not insurance products.

## Submit Claims Quickly and Easily

Register on the **Omni™** mobile app or Desjardins Insurance's online portal. Access your Pay-Direct Card, which lets you get claims processed immediately, and submit eligible types of claims online.



Download the app

Omni™ and the Omni logo are trademarks of Desjardins Financial Security Life Assurance Company, used under licence by ASEQ.

**NOTE:** This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit [www.aseq.ca](http://www.aseq.ca) to learn about all the applicable conditions and exclusions.

Care Office  
Université de Sherbrooke  
Multifunctional Pavilion  
Room B5-007-4



**OUR ENVIRONMENTAL COMMITMENT ON PAPER**  
This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

REMDUS-EN/BRO/09-25

ASEQ is becoming

# ALUMO

2025—2026

## REMDUS Health & Dental Plan

Insuring today. Ensuring tomorrow.

### Group Numbers

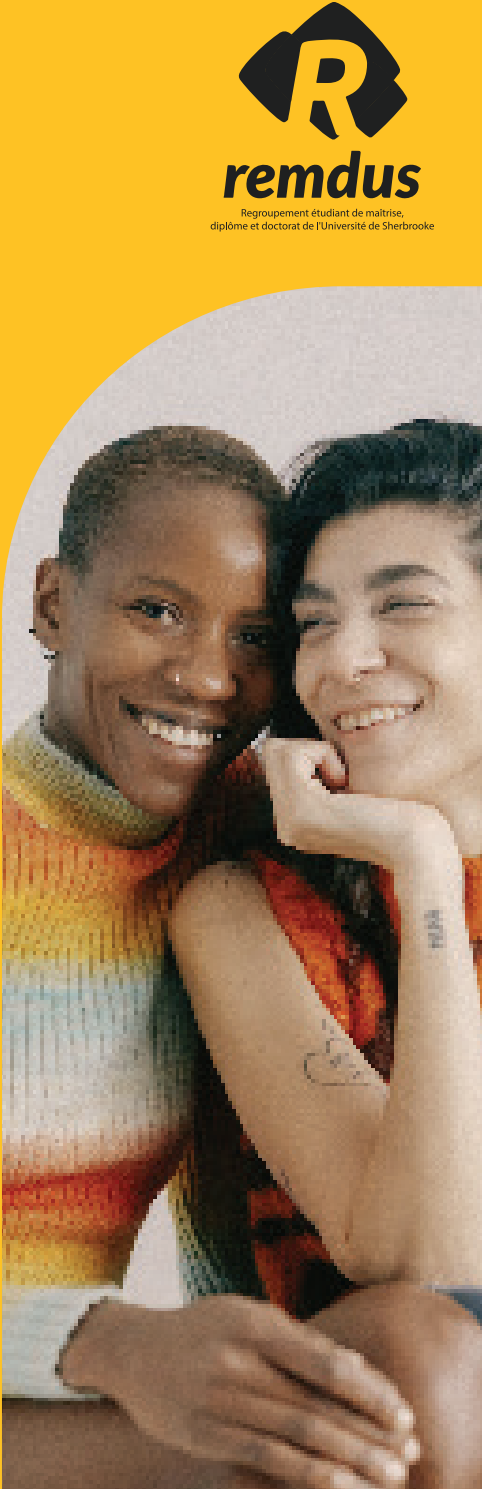
**Health, vision, and dental:**  
**Q1616** (Desjardins Insurance)

**Travel:**  
**97180** (Securian Canada)

**Gender Affirmation Care:**  
**GCX** (GreenShield)



For complete details on coverage, eligibility, and group/policy numbers, visit [www.aseq.ca](http://www.aseq.ca).



Health Plan

Health  
Up to \$10,000



- Neurostimulants
- Contraceptives
- Antidepressants
- Vaccinations
- Psychologists
- Physiotherapists
- Kinesiologists
- Chiropractors
- Massage therapists
- Ambulance
- and more!

Vision  
Over \$450



- Eye exam
- Eyeglasses and contact lenses
- Accident coverage for eyeglasses
- Laser eye surgery

Plus: More Services Designed to Support Students

2SLGBTQIA+ Support

New

Gender Affirmation Care

Coverage for gender-affirming medical care and legal assistance for students on their gender affirmation journeys

Legal Care Program

New

The Essentials

A consultation service for all your legal questions, and legal representation for disputes related to housing, employment, academic rights, and more

For eligibility details, see [www.aseq.ca](http://www.aseq.ca).

Travel Plan

Care Abroad  
Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

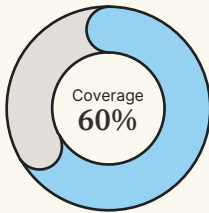
Scan for a summary of benefits

Dental Plan

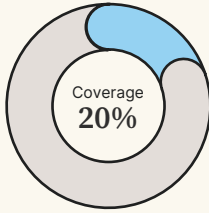
Dental  
Up to \$1,000



Preventive Services  
→ Recall exams  
→ Cleanings  
→ Extraction

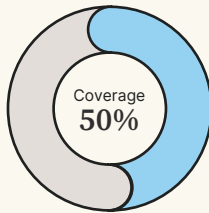


Major Restorative  
→ Crowns  
→ Bridges



- Checkups
  - Cleanings
  - Fillings
- Extractions
  - And more!

Basic Services  
→ Minor restorative (fillings)  
→ Oral surgery  
→ Endodontics (root canals)  
→ Periodontics (gum treatments)



Insured Portion Portion not covered

Change-of-Coverage & Opt-Out Periods

Fall Term:  
Sept. 15 - Oct. 15, 2025

Winter Term (new students only):  
Jan. 15 - Feb. 15, 2026

The Plan is a **non-mandatory automatic** contribution.

All opt outs or coverage changes can be completed online at [www.aseq.ca](http://www.aseq.ca). You can request an annual opt out.

Conversation (Mental Health & Wellness)

See [www.aseq.ca](http://www.aseq.ca) for opt-out procedures.

Price

Health & Dental Plan Combined Annual Fee* <b>\$420.00</b>	Health Plan Annual Fee <b>\$244.92</b>	
	Dental Plan Annual Fee <b>\$175.08</b>	

\*This is an annual Plan. Students will therefore be covered for one year (September–August). If you begin your studies in the winter, you may make an opt-out or change-of-coverage request in the Winter Term.

Fall 2025 <b>\$140.00</b> Health: \$81.64 Dental: \$58.36	Combined Fee (September-December)	Winter 2026 <b>\$280.00</b> Health: \$163.28 Dental: \$116.72	Combined Fee (January-August)
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Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [www.aseq.ca](http://www.aseq.ca) for family enrolment fees and instructions.

Add one dependant for full-year coverage

Add unlimited dependants for full-year coverage