

Exclusive Savings from
ASEQ Network Partners*

- Your Plan Coverage**

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.
- ASEQ Networks**

By consulting a Network member, you'll get additional coverage.

Save More with Network Members

greiche & scaff

\$150 off*
eyeglasses

10% off*
contact lenses

*Certain conditions apply.



\$30 discount*
on a regular 50-minute adult
therapy or coaching session

*Note that your Plan only covers a portion of the cost of therapy sessions.

Discover more partners online!
Physiotherapy and chiropractic

*ASEQ and the insurers do not endorse or assume any responsibility with respect to the use of their services.



\$100 off
Standard LASIK*
(\$50 off per eye)

\$400 off
Custom LASIK*
(\$200 off per eye)

*Certain conditions apply.

An Essential Service for Students

If you're a graduate student at the Université de Sherbrooke and a member of REMDUS, you have access to one of the most important services on campus: the REMDUS Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs, like vision care, dental care, and travel care abroad.

NEW! If you're an international student, you have access to the health and dental portion of the Plan. This Plan complements the coverage for international students offered by the Université de Sherbrooke or provincial health care (RAMQ). See www.aseq.ca for more details on eligibility.

We invite you to verify if you're already covered by another plan (through an employer, parent, or spouse). If so, the student Plan can still be of interest to you, as you can be reimbursed the remaining eligible fees (partially or fully) through your secondary plan.



Desjardins Insurance
PO Box 3950
Levis, Quebec G6V 8C6
1-866-647-5013
Health, vision, and dental benefits are insured by Desjardins Insurance.
Group Number: Q1616
Desjardins Insurance refers to Desjardins Financial Security Life Assurance Company.



Securian Canada
1400-25 Sheppard Avenue West
Toronto, Ontario M2N 6S6
1-866-969-5949 for coverage information
1-888-852-2419 or 1-514-904-4730 for claims
Travel coverage is underwritten by Canadian Premier Life Insurance Company.
Group Number: 97180
Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Policies are underwritten by Canadian Premier Life Insurance Company. For more information visit www.securiancanada.ca or call **1-844-894-0378**.

To determine if this products is right for you, for more details, or to contact a licensed insurance representative, visit www.aseq.ca. Please note that Conversation and AlloDoc! are not insurance products.

Questions? Contact Us

Scan for
Plan details



Care Office
Université de Sherbrooke
Multifunctional Pavilion
Room B5-007-4

Submit claims
quickly and easily

Register on the **Omni™ mobile app** or Desjardins Insurance's online portal. Access your Pay-Direct Card, which lets you get claims processed immediately, and submit eligible types of claims online.



Omni™ and the Omni logo are trademarks of Desjardins Financial Security Life Assurance Company, used under licence by ASEQ.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.aseq.ca to learn about all the applicable conditions and exclusions.



OUR ENVIRONMENTAL COMMITMENT ON PAPER
This document contains 100% post-consumer fibre, Certified EcoLogo, Processed Chlorine Free, and FSC® Certified Recycled. Manufactured using biogas energy.

ASEQ_BRO_EN_REMDUS_09-24



remdus
Regroupement étudiant de maîtrise,
diplôme et doctorat de l'Université de Sherbrooke

2024-2025

Your REMDUS
Student Health &
Dental Plan

Group Numbers

Health, vision, and dental: Q1616
(Desjardins Insurance)

Travel: 97180
(Securian Canada)



Make the most out of it

Providing Quality Coverage

Health Plan

 **Health**
Up to \$10,000

Neurostimulants
Contraceptives
Antidepressants
Vaccinations
Psychologists
Physiotherapists

Kinesiologists
Chiropractors
Massage therapists
Osteopaths
Ambulance
and more!

 **Vision**
Over \$450

Eye exam
Eyeglasses and contact lenses
Accident coverage for eyeglasses
Laser eye surgery

Travel Plan

 **Care Abroad**
Up to \$5,000,000

120 days per trip, up to \$5,000,000
per lifetime, trip cancellation and trip
interruption in the event of a medical
emergency

**Scan for a
summary of
benefits**



Dental Plan

 **Dental**
Up to \$1,000

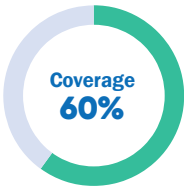
Checkups
Cleanings
Fillings

Wisdom tooth extractions
And more!

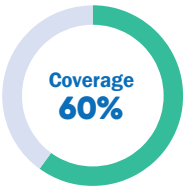
 Insured Portion

**Preventive
Services**

- Recall exams
- Cleanings

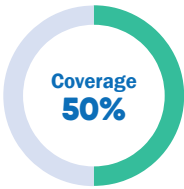


**Extraction
of Impacted
Teeth**



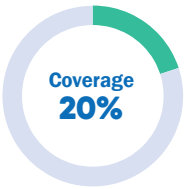
**Basic
Services**

- Minor restorative (fillings)
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)




**Major
Restorative**

- Crowns
- Bridges



Change-of-Coverage and Opt-Out Periods

 **Fall Term:**
Sept. 15 – Oct. 15, 2024

Winter Term (new students only):
Jan. 15 – Feb. 17, 2025

The Plan is a **non-mandatory automatic contribution**.

All opt outs or coverage changes can be completed online at www.aseq.ca.
You can choose between an annual or permanent opt out.

At a Great Price

Check it out!

**Health &
Dental Plan
Combined**
*Annual Fee**
\$430.15


Health Only
Annual Fee
\$276.30


Dental Only
Annual Fee
\$153.85

*This is an annual Plan. Students will therefore be covered for one year (September–August). If you begin your studies in the winter, you may make an opt-out or change-of-coverage request in the Winter Term.

 **Fall 2024 Fee**
(September–December)
\$143.40

Health Only: \$92.10
Dental Only: \$51.30

 **Winter 2025 Fee**
(January–August)
\$286.75

Health Only: \$184.20
Dental Only: \$102.55

Introduce Me to Your Family

Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.aseq.ca to enrol your family online.

 **Add one dependant for**
\$430.15
for full-year coverage*

 **Add unlimited dependants for**
\$860.30
for full-year coverage*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2025 for new Winter Term students are available at www.aseq.ca.

Plus: more services designed to support students

Mental Health & Wellness

Conversation
Powered by **Dialogue**


Fast access to mental health professionals with no out-of-pocket cost, offering consultations until remission



Virtual Health Care

AlloDoc! New!
Powered by **Dialogue**

Virtual health care that connects you with nurses and physicians from anywhere in Canada



For eligibility details, see www.aseq.ca.