

Exclusive Savings from ASEQ Network Partners*

Save More with Network Members

greiche & scaff



\$150 off*
eyeglasses

\$100 off Standard LASIK*
(\$50 off per eye)

10% off*
contact lenses

\$200 off Custom LASIK*
(\$100 off per eye)

*Certain conditions apply.

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\$30 discount
on a regular 50-minute adult
therapy or coaching session

Discover more partners online!
Vision care, physiotherapy,
and chiropractic

*ASEQ and the insurers do not endorse or assume any responsibility with respect to the use of their services.

An Essential Service on Campus

If you're a graduate student at the Université de Sherbrooke and a member of REMDUS, you have access to one of the most important services on campus, the REMDUS Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs, like vision care, dental care, and travel care abroad.

If you're an international student, you have access to the dental portion of the Plan only, unless you have a provincial health-care card (RAMQ). Visit www.aseq.ca for more details on eligibility.

We invite you to verify if you're already covered by another plan (through an employer, parent, or spouse). If so, the student Plan can still be of interest to you, as you can be reimbursed the remaining eligible fees (partially or fully) through your secondary plan.



Desjardins Insurance
PO Box 3950
Levis, Quebec G6V 8C6
1-866-647-5013
Health, vision, and dental
benefits are insured by
Desjardins Insurance.
Group Number: Q1616
Desjardins Insurance refers to
Desjardins Financial Security
Life Assurance Company.



Securian Canada
1400-25 Sheppard Avenue West
Toronto, Ontario M2N 6S6
1-866-969-5949 for coverage information
1-888-852-2419 or 1-514-904-4730 for claims
Travel coverage is underwritten by Canadian Premier Life Insurance Company.
Group Number: 97180
Securian Canada is the brand name used by Canadian Premier Life Insurance
Company and Canadian Premier General Insurance Company to do business in
Canada. Policies are underwritten by Canadian Premier Life Insurance Company.
For more information visit www.securiancanada.ca or call **1-844-894-0378**.

Please note that Conversation is not an insurance product. To determine if this product is right for you, for more details, or to contact a licensed insurance representative, visit www.aseq.ca.

Questions? Contact Us



Scan the QR
code for more
details on
your Plan.

www.aseq.ca

Care Office
Université de Sherbrooke
Multifunctional Pavilion
Room B5-007-4

Submit claims quickly and easily

Register on the **Omni™ mobile app**
or Desjardins Insurance's online
portal. Access your Pay-Direct Card,
which lets you get claims processed
immediately, and submit eligible
types of claims online.

*Omni™ and the Omni logo are trademarks
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Assurance Company, used under licence
by ASEQ.*



OUR ENVIRONMENTAL COMMITMENT ON PAPER

This document contains 100% post-consumer
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and FSC® Certified Recycled. Manufactured
using biogas energy.



Regroupement étudiant de maîtrise,
diplôme et doctorat de l'Université de Sherbrooke



Make the most out of it

2023-2024

Your REMDUS Student Health & Dental Plan

Group Numbers

Health, vision, and dental: Q1616
(Desjardins Insurance)

Travel: 97180
(Securian Canada)

ASEQ_BRO_EN_REMDUS_09-23

Providing Quality Coverage

Health Plan

 **Health**
Up to \$10,000

Neurostimulants
Contraceptives
Antidepressants
Vaccinations
Psychologists
Physiotherapists

Kinesiologists
Chiropractors
Massage therapists
Osteopaths
Ambulance
and more!

 **Vision**
Over \$450

Eye exam
Eyeglasses and contact lenses
Accident coverage for eyeglasses
Laser eye surgery

Travel Plan

 **Care Abroad**
Up to \$5,000,000

120 days per trip, up to \$5,000,000 per lifetime (includes eligible COVID-19 medical expenses), trip cancellation and trip interruption in the event of a medical emergency or an eligible Travel Advisory

For a complete description of your coverage and to obtain your certificate number, visit www.aseq.ca.

**What are you waiting for?
Make the most out of it!**

Dental Plan

 **Dental**
Up to \$1,000

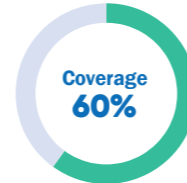
Checkups
Cleanings
Fillings

Extractions
And more!

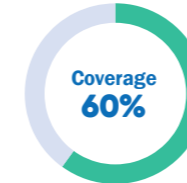
 Insured Portion

Preventive Services

- Recall exams
- Cleanings

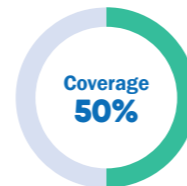


Extraction of Impacted Teeth



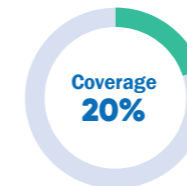
Basic Services

- Minor restorative (fillings)
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)




Major Restorative

- Crowns
- Bridges



Change-of-Coverage and Opt-Out Periods

 **Fall Term:**
Sept. 15 - Oct. 16, 2023

Winter Term (new students only):
Jan. 15 - Feb. 15, 2024

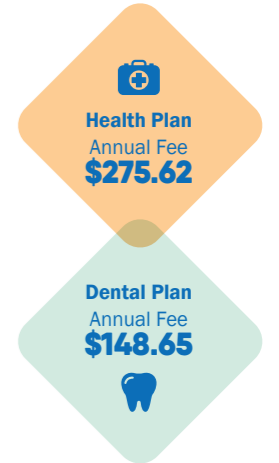
The Plan is a **non-mandatory automatic contribution**.

All opt outs or coverage changes can be completed online at www.aseq.ca. You can choose between an annual or a permanent opt out.

At a Great Price

Check it out!

Health & Dental Plan Combined
Annual Fee*
\$424.27



*This is an annual Plan. Students will therefore be covered for one year (September – August). If you begin your studies in the winter, you may make an opt-out or change-of-coverage request in the Winter Term.

 **Fall 2023 Fee**
(September – December)
\$141.43

Health Plan: \$91.88
Dental Plan: \$49.55

 **Winter 2024 Fee**
(January – August)
\$282.84

Health Plan: \$183.74
Dental Plan: \$99.10

Introduce Me to Your Family

Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.aseq.ca to enrol your family online.

 **Add one dependant for**
\$430.18
for full-year coverage*

 **Add unlimited dependants for**
\$860.36
for full-year coverage*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2024 for new Winter Term students are available at www.aseq.ca.

Plus: mental health services designed to support students

New!

Mental Health & Wellness

Conversation

Powered by **Dialogue**

Fast access to mental health professionals with no out-of-pocket cost, offering consultations until remission

For eligibility details, see www.aseq.ca.