

Plus: more services designed to support students

Virtual Health Care

AlloDoc!

Powered by Dialogue



Virtual health care that connects you with nurses and physicians from anywhere in Canada

New!

Mental Health & Wellness

Programme mieux-être

Powered by Dialogue



A student assistance program providing mental health and wellness services 24/7

For eligibility details, see www.aseq.ca.

Legal Care Program

The Essentials



A consultation service for all your legal questions, and legal representation for disputes related to housing, employment, academic rights, and more

Sexual Violence Care



A consultation service for all your legal questions, and legal representation for victims and survivors of sexual violence

An Essential Service on Campus

If you're a student at the Université du Québec en Abitibi-Témiscamingue and a member of the AGEUQAT, you have access to one of the most important services on campus: the student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs, like vision and dental care.

If you're an international student, you have access to the dental portion of the Plan only, unless you have a provincial health-care card (RAMQ). Visit www.aseq.ca for more details on eligibility.

We invite you to verify if you're already covered by another plan (through an employer, parent, or spouse). If so, the student Plan can still be of interest to you, as you can be reimbursed the remaining eligible fees (partially or fully) through your secondary plan.



Desjardins Insurance
PO Box 3950
Levis, Quebec G6V 8C6
1-866-647-5013

Health, vision, and dental benefits are insured by Desjardins Insurance.

Group Number: Q1809
Desjardins Insurance refers to Desjardins Financial Security Life Assurance Company.

Please note that AlloDoc!, The Essentials, the *Programme mieux-être*, and Sexual Violence Care are not insurance products. To determine if these products are right for you, for more details, or to contact a licensed insurance representative, visit www.aseq.ca.

Questions? Contact Us



Scan the QR code for more details on your Plan.

www.aseq.ca

Submit claims quickly and easily

Register on the **Omni™ mobile app** or Desjardins Insurance's online portal. Access your Pay-Direct Card, which lets you get claims processed immediately, and submit eligible types of claims online.

Omni™ and the Omni logo are trademarks of Desjardins Financial Security Life Assurance Company, used under licence by ASEQ.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.aseq.ca to learn about all the applicable conditions and exclusions.



OUR ENVIRONMENTAL COMMITMENT ON PAPER

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Make the most out of it

2023-2024

AGEUQAT Student Health & Dental Plan

Group Number

Health, vision, and dental: **Q1809**
(Desjardins Insurance)

Providing Quality Coverage

Health Plan

 Health
Up to \$10,000

Oral contraceptives Physiotherapists
Antidepressants Chiropractors
Vaccinations Ambulance
Massage therapists And more!

 Vision
Over \$450

Eye exam
Eyeglasses and contact lenses
Laser eye surgery

For a complete description of your coverage and to obtain your certificate number, visit www.aseq.ca.

What are you waiting for?
Make the most out of it!

Dental Plan

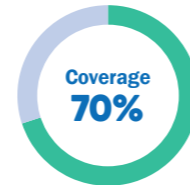
 Dental
Up to \$750

Checkups Wisdom tooth extractions
Cleanings and more!
Fillings

 Portion covered by the Plan

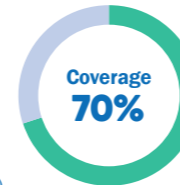
Preventive services

- Recall exams
- Cleanings

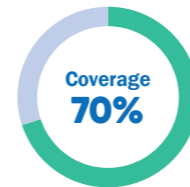


Basic services

- Minor restorative (fillings)
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



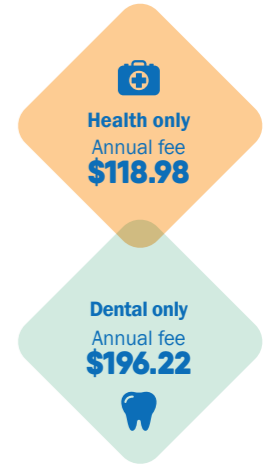
Extraction of impacted teeth



At a Great Price

Check it out!

Health & Dental Combined
Annual fee
\$315.20



 **Fall 2023 Fee**
(September – December)
\$105.07

Health only: \$39.66
Dental only: \$65.41

 **Winter 2024 Fee**
(January – August)
\$210.13

Health only: \$79.32
Dental only: \$130.81

Introduce Me to Your Family

Enrol loved ones for less


You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.aseq.ca to enrol your family online.

 Add one dependant for
\$315.20
for full-year coverage*

 Add unlimited dependants for
\$630.40
for full-year coverage*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2024 for new Winter session students are available at www.aseq.ca.

Change-of-Coverage & Opt-Out Periods

 **Fall session students:**
Sept. 15 – Oct. 15, 2023

New Winter session students only:
Jan. 15 – Feb. 29, 2024

The Plan is a **non-mandatory automatic contribution**.

All opt outs or coverage changes can be completed online at www.aseq.ca.

Complete your profile

NEW!

Action required!

To access your Plan's benefits and services, or if you want to change your coverage (e.g. opt out of the Plan, enrol dependants, etc.) or submit claims to the insurer, you must have your ASEQ Code and password (PIN).

www.aseq.ca/AGEUQAT/Activation_EN

