

Exclusive Savings from
ASEQ Network Partners*

- Your Plan Coverage**

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.
- ASEQ Networks**

By consulting a Network member, you'll get additional coverage.

Example of a claim made using an ASEQ Dental Network practitioner:



Save More with Network Members

greiche & scaff

\$150 off*
eyeglasses

10% off*
contact lenses
*Certain conditions apply.



\$100 off Standard LASIK*
(\$50 off per eye)

\$200 off Custom LASIK*
(\$100 off per eye)
*Certain conditions apply.

Discover more partners online!
Dentists, physiotherapists, and chiropractors

**ASEQ Montreal
Vision Network**

\$80
eye exams*

\$75 off
prescription eyeglasses
(frames and lenses)
*Certain conditions apply.



\$30 discount
on a regular 50-minute adult
therapy or coaching session

*ASEQ and the insurers do not endorse or assume any responsibility with respect to the use of their services.

An Essential Service on Campus

If you're a student at Polytechnique Montréal and a member of the AÉCSP, you have access to one of the most important services on campus, the AÉCSP Enhanced Care Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs, like vision care, dental care, and travel care abroad.

We invite you to verify if you're already covered by another plan (through an employer, parent, or spouse). If so, the student Plan can still be of interest to you, as you can be reimbursed the remaining eligible fees (partially or fully) through your secondary plan.

NEW: If you're an international student, you have access to the health and dental portion of the Plan as long as you have a valid provincial health-care card (RAMQ). Visit www.aseq.ca for more details on eligibility.



Desjardins Insurance
PO Box 3950
Levis, Quebec G6V 8C6
1-866-647-5013
Health, vision, and dental benefits are insured by Desjardins Insurance.
Group Number: Q1118
Desjardins Insurance refers to Desjardins Financial Security Life Assurance Company.

Please note that the Programme mieux-être, Conversation, The Essentials, and AlloDoc! are not insurance products. To determine if these products are right for you, for more details, or to contact a licensed insurance representative, visit www.aseq.ca.



GreenShield
8677 Anchor Drive
PO Box 1606
Windsor, ON N9A 6W1
1-888-711-1119
Gender Affirmation Care medical coverage is insured by GreenShield.
Group Number: GAV



Securian Canada
1400-25 Sheppard Avenue West
Toronto, Ontario M2N 6S6
1-866-969-5949 for coverage information
1-888-852-2419 or 1-514-904-4730 for claims
Travel coverage is underwritten by Canadian Premier Life Insurance Company.
Group Number: 97180
Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Policies are underwritten by Canadian Premier Life Insurance Company. For more information visit www.securiancanada.ca or call **1-844-894-0378**.

Questions? Contact Us



Scan the QR code for more details on your Plan.

www.aseq.ca

Submit claims quickly and easily

Register on the **Omni™ mobile app** or Desjardins Insurance's online portal. Access your Pay-Direct Card, which lets you get claims processed immediately, and submit eligible types of claims online.

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OUR ENVIRONMENTAL COMMITMENT ON PAPER
This document contains 100% post-consumer fibre, Certified EcoLogo, Processed Chlorine Free, and FSC® Certified Recycled. Manufactured using biogas energy.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.aseq.ca to learn about all the applicable conditions and exclusions.



Make the most out of it

2023-2024

Your AÉCSP
Enhanced Care
Student Health &
Dental Plan

Group Numbers

Health, vision, and dental: Q1118
(Desjardins)
Travel: 97180
(Securian Canada)
Gender Affirmation Care: GAV
(GreenShield)

Providing Quality Coverage

Enhanced Care Health Plan

Health Up to \$10,000

Contraceptive methods
Oral contraceptives
Antidepressants
Vaccinations
Psychologists

Physiotherapists
Chiropractors
Ambulance and more!

Vision Over \$450

Eye exam
Eyeglasses and contact lenses
Accident coverage for eyeglasses
Laser eye surgery

Travel Plan

Care Abroad Up to \$5,000,000

120 days per trip, up to \$5,000,000 per lifetime (includes eligible COVID-19 medical expenses), trip cancellation and trip interruption in the event of a medical emergency or an eligible Travel Advisory

For a complete description of your coverage and to obtain your certificate number, visit www.aseq.ca.

What are you waiting for?
Make the most out of it!

Enhanced Care Dental Plan

Dental Up to \$1,000

Checkups
Fillings

Extractions and more!

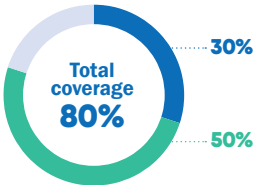
Cleanings

Insured Portion

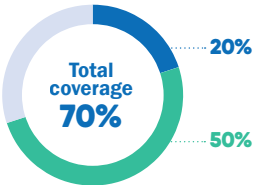
ASEQ Dental Network Savings

Preventive Services

- Recall exams
- Cleanings

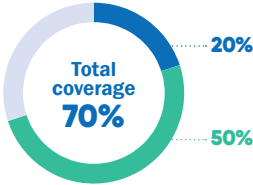


Extraction of Impacted Teeth



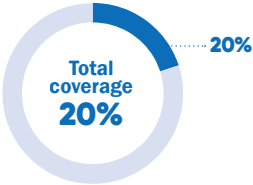
Basic Services

- Minor restorative (fillings)
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



Major Restorative

- Crowns
- Bridges



Change-of-Coverage and Opt-Out Periods



Fall semester:
Sept. 15 – Oct. 16, 2023

Winter semester (new students only):
Jan. 15 – Feb. 16, 2024

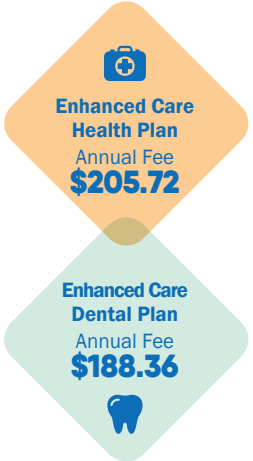
The Plan is a **non-mandatory automatic contribution**.

All opt outs or coverage changes can be completed online at www.aseq.ca. You can choose between an annual or a permanent opt out.

At a Great Price

Check it out!

Enhanced Care Health & Dental Plan* Combined
Annual Fee**
\$394.08



* A Basic Care Plan is also offered at a lower cost. Visit www.aseq.ca for details.

** This is an annual Plan. Students will therefore be covered for one year. If you begin your studies in the winter, you may make an opt-out or change-of-coverage request in the Winter semester.



Fall 2023 Fee
(September – December)
\$131.36

Enhanced Care Health: **\$68.57**
Enhanced Care Dental: **\$62.79**



Winter 2024 Fee
(January – August)
\$262.72

Enhanced Care Health: **\$137.15**
Enhanced Care Dental: **\$125.57**

Introduce Me to Your Family

Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.aseq.ca to enrol your family online.



Add one dependant for
\$394.08
for full-year coverage*



Add unlimited dependants for
\$788.16
for full-year coverage*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2024 for new Winter semester students are available at www.aseq.ca.

Plus: more services designed to support students

New!

LGBTQIA2S+ Support



Gender Affirmation Care

Coverage for gender-affirming medical care and legal assistance for students diagnosed with gender dysphoria

Mental Health & Wellness

Programme mieux-être

Powered by Dialogue



A student assistance program providing mental health and wellness services 24/7

New!

Conversation

Powered by Dialogue



Fast access to mental health professionals with no out-of-pocket cost, offering consultations until remission

Legal Care Program

The Essentials

A consultation service for all your legal questions, and legal representation for disputes related to housing, employment, academic rights, and more



Virtual Health Care

AlloDoc!

Powered by Dialogue



Virtual health care that connects you with nurses and physicians from anywhere in Canada

For eligibility details, see www.aseq.ca.