

Create your Dialogue account

Mental Health & Wellness



Programme mieux-être



Conversation

Virtual Health Care



AlloDoc!

Follow these steps:

1

Download the **Dialogue app** or go to aseq.ca/dialogue.



2

Select:

[Create your account](#)

3

Enter your **email address** and choose a **password**.

4

Complete your profile. Make sure you **provide your name** and **date of birth** as they appear on your **official documents**.

5

If the information provided matches the information we received from your school, your services will be activated automatically. You may be asked to enter additional information to complete your registration, such as:

- ✓ Your **student ID**
- ✓ The email address where you received your invitation (usually your school email address)
- ✓ For the first two months of the policy year, you may need an access code to sign up. Visit www.aseq.ca to get your code.

If you received an email invitation, you can also simply click on the link in the email to create your account.

Are you having trouble signing up?



Check the following:

- ✓ Are you using your legal name, as provided to your educational institution?
- ✓ Does your student ID start with a 0 that you didn't include? Did you enter the student ID correctly?
- ✓ Is your student insurance Plan still active, if applicable?

If you've checked all of the above and you still can't create your account, contact the **Dialogue support team** at support@dialogue.co.

 **Dialogue**

Family enrolment

Once you've created your account, follow these steps to add your dependants. They don't have to be enrolled in the Plan.

1

Select the icon of a person on the top right-hand side.

2

Select:

Family



A

Adult
(Age 14+)

- Click on Add adult (14+).
- Enter their email address and send an invite.
- Your family member will receive an email invitation, and they'll be able to create their account.

B

Child
(Age 0–13)

- Click on Add child.
- Fill in the information requested on-screen.

Note: Family members aged 14+ must have separate accounts for confidentiality reasons.

Your children's accounts will be associated with yours. Both you and your child must be present during a consultation.

Having trouble with registration? Contact support@dialogue.co for help.



Scan to create
your account

