

# Exclusive Savings from Studentcare Network Partners\*

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Studentcare Networks

By consulting a Network member, you'll get additional coverage.

70%

+30%

Total Coverage: 100%

## Save More with Network Members\*\*

Rexall

25% off

regular priced

Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program

Specsavers

20% off

contact lenses

LASIK MD

VISION

\$550 off

on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

Independent Vision Specialists

30% off

prescription eyeglasses, up to \$75

Discounts on eye exams and contact lenses

PSYVITALITI

Preferred rates on 50-minute adult therapy or coaching sessions

and more!  
Dentists, physiotherapists, massage therapists, and chiropractors

\*Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.  
\*\* Certain conditions apply.

## An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the SU Comprehensive Care Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Undergraduate students who are enrolled in at least 3 credit hours in either the Fall or Winter Term and who pay SU fees are eligible.

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See [www.studentcare.ca](http://www.studentcare.ca) for more details.

## Group Numbers

Health, vision, and dental:  
ASU (insured by GreenShield)

Travel: 97180  
(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

## Submit Claims Quickly and Easily

Claim through GreenShield's online portal at [app.greenshieldplus.ca](http://app.greenshieldplus.ca) or the GreenShield+ mobile app.

Submit claims using your Member ID: your **Group Number (ASU)** + your **Student ID Number** + 00 (e.g. ASU123456700).



Questions about claims: 1-888-525-7587

**NOTE:** This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit [www.studentcare.ca](http://www.studentcare.ca) to learn about all the applicable conditions and exclusions.

Care Office  
6-14 SUB  
Sixth Floor



**OUR ENVIRONMENTAL COMMITMENT ON PAPER**  
This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

SU-ABIBRO/09-25

Studentcare is becoming

# ALUMO

2025–2026

## SU Comprehensive Care Health & Dental Plan

Insuring today.  
Ensuring tomorrow.

### Group Numbers

Health, vision, and dental:  
ASU (GreenShield)

Travel:  
97180 (Securian Canada)



For complete details on coverage, eligibility, and group numbers, visit [www.studentcare.ca](http://www.studentcare.ca).



Health Plan

Health  
Over \$10,000



- Prescription drugs
- Chiropractors
- Vaccinations
- Ambulance
- Psychologists
- Physiotherapists
- and more!

Vision

Basic  
Over \$200

Comprehensive  
Over \$300

- Eye exam
- Eyeglasses and contact lenses
- Laser eye surgery

Plus: mental health services  
designed to support students

Mental Health & Wellness

**Empower Me**  
Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

*Appointments available virtually and in-person*

For eligibility details, see [www.studentcare.ca](http://www.studentcare.ca).

Travel Plan

Care Abroad  
Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a summary of benefits

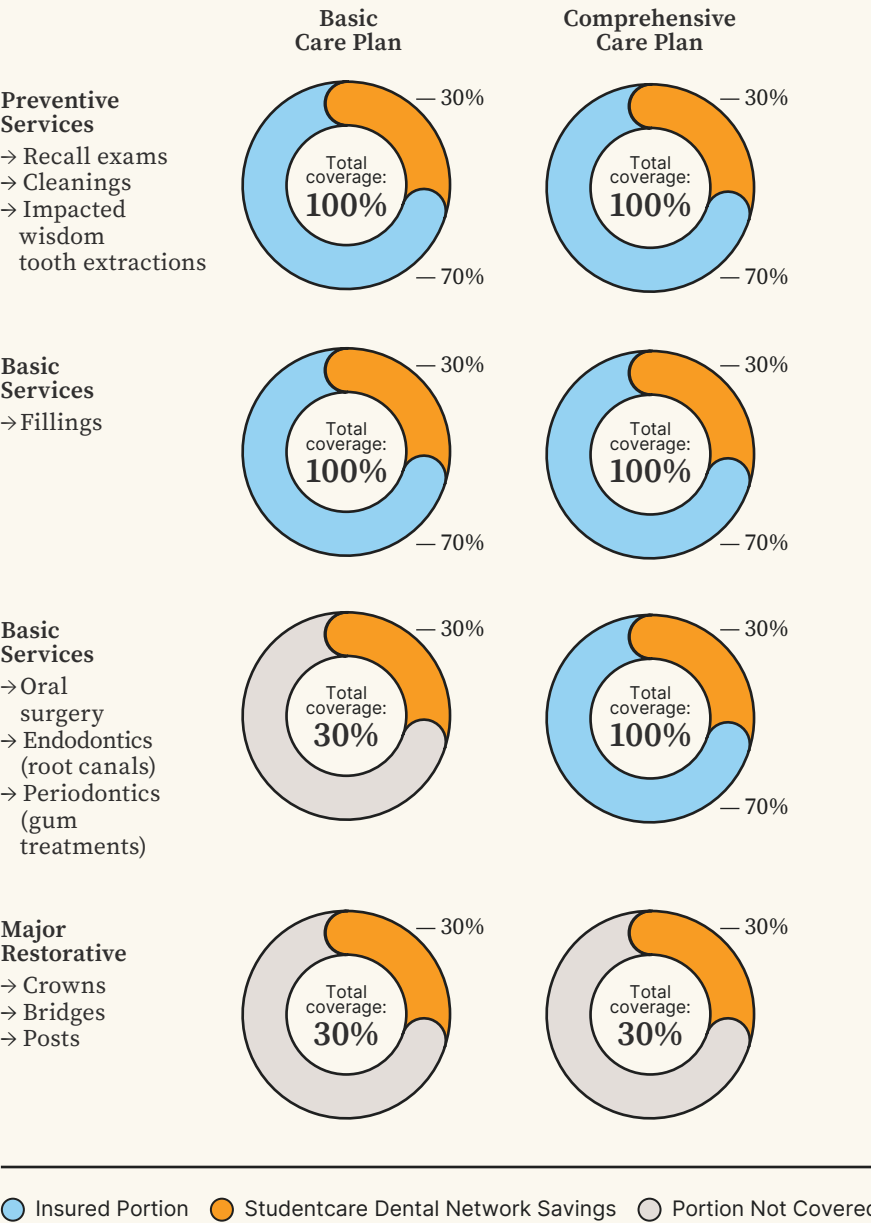
Dental Plan

Dental

Basic  
Up to \$500

Comprehensive  
Up to \$650

- Checkups
- Fillings
- Cleanings
- Root canals and more!



Price

Comprehensive Care  
Health & Dental Plan  
Combined  
Annual Fee  
\$404.77



Full year \$404.77	Combined Fee (September-August)	Winter 2026 (new students only) \$269.85	Combined Fee (January-August)
Health Plan: \$204.93 Dental Plan: \$199.84		Health Plan: \$136.62 Dental Plan: \$133.23	

Looking for a different level of coverage?  
Try the Basic Care Plan for a cheaper price or mix and match portions of the Comprehensive Care and Basic Care Plans. See [www.studentcare.ca](http://www.studentcare.ca) for details.

Change-of-Coverage Periods

<b>Fall Term:</b> Sept. 2 – 26, 2025	If you're automatically covered, the <b>Comprehensive Care Plan fee is included in your tuition and other fees.</b> During the applicable period above, you can opt out of the Plan, change your coverage, or enrol your family. Some students may also be eligible to enrol themselves in the Plan. See <a href="http://www.studentcare.ca">www.studentcare.ca</a> for instructions.
<b>Winter Term</b> (new students only): Jan. 5 – 23, 2026	

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [www.studentcare.ca](http://www.studentcare.ca) for instructions.

**\$404.77**  
Add one dependant for full-year coverage\*

**\$809.54**  
Add unlimited dependants for full-year coverage\*

\*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2026 (for new Spring term students) and from May 1 – Aug. 31, 2026 (for new Summer term students) are available online.