

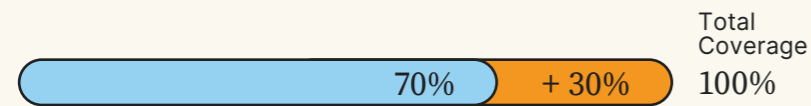
Exclusive Savings from Studentcare Network Partners*

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Studentcare Networks

By consulting a Network member, you'll get additional coverage.



Save More with Network Members**



up to 90% on your out-of-pocket prescription drug costs (max \$40)

25% off regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program*



\$70 eye exams including OCT Scan

20% off contact lenses

Select range of eyeglass models from only \$69

Victoria Studentcare Vision Network

\$75 off select prescription eyeglass models

\$70 eye exams



\$550 off on custom LASIK

Free, no-obligation consultation

Lowest price guarantee



Preferred rates on 50-minute adult therapy or coaching sessions

and more!
Dentists, physiotherapists, and chiropractors

* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.

** Certain conditions apply.

An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the RRUSA Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

The following students are eligible:

- Undergraduate students registered in full-time on-campus classes in September, January, or May, including students in Global Learning and Language Centre (GLLC) programs and accelerated undergraduate degree-completion programs
- Graduate students registered in full-time on-campus classes, if their program started after September 2023

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See www.studentcare.ca for more details.

Policy/Group Numbers

Health, vision, and dental: 43004
(insured by Pacific Blue Cross)

Travel: 97180
(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

Submit Claims Quickly and Easily

Claim through your Member Profile account, via the Pacific Blue Cross mobile app or online! Download the app from the App Store or Google Play, or sign up at <https://service.pac.bluecross.ca/member/login>.



NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.studentcare.ca to learn about all the applicable conditions and exclusions.



OUR ENVIRONMENTAL COMMITMENT ON PAPER

This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

RRUSABRO/08-25

Studentcare is becoming

ALUMO



2025–2026

RRUSA Health & Dental Plan

Insuring today.
Ensuring tomorrow.

Policy/Group Numbers

Health, vision, and dental: 43004 (Pacific Blue Cross)

Travel: 97180 (Securian Canada)



For complete details on coverage, eligibility, and group/policy numbers, visit www.studentcare.ca.



Health Plan

Health Over \$10,000



- Prescription drugs
- Vaccinations
- Ambulance
- Psychologists
- Physiotherapists
- Chiropractors
- and more!

Vision Over \$300



- Eye exam
- Eyeglasses and contact lenses
- Laser eye surgery

Travel Plan

Care Abroad Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a summary of benefits



Dental Plan

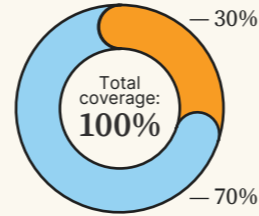
Dental Up to \$700



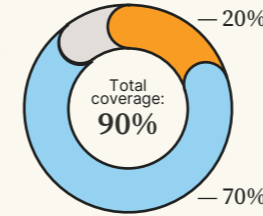
- Checkups
- Fillings
- Cleanings
- Root canals
- and more!

Preventive Services

- Recall exams
- Cleanings

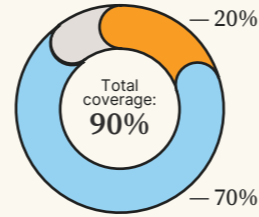


Impacted Wisdom Tooth Extractions



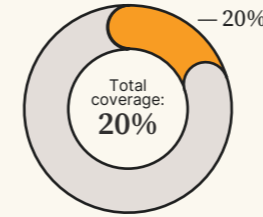
Basic Services

- Fillings
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



Major Restorative

- Crowns
- Bridges
- Posts



● Insured Portion ● Studentcare Dental Network Savings ○ Portion Not Covered

Price

Health & Dental Plan Combined Annual Fee (September - August) \$300



Winter 2026 (for new semester students) \$200

Combined Fee (January-August)

Summer 2026 (for new semester students) \$100

Combined Fee (May-August)

Plus: Mental Health Services Designed to Support Students

Mental Health & Wellness



Empower Me Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

For eligibility details, see www.studentcare.ca.

Change-of-Coverage Periods

Fall semester:
Sept. 2 - Oct. 6, 2025

Winter semester (new students only):
Jan. 8 - Feb. 4, 2026

Summer semester (new students only):
May 6 - 21, 2026

If you're automatically covered, **the Plan fee is included in your tuition and other fees.** During the applicable period above, you can enrol your family or opt out of the Plan if you have proof of other coverage. Some students may also be eligible to enrol themselves in the Plan. See www.studentcare.ca for instructions.

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.



\$450
Add one dependant for full-year coverage*



\$750
Add unlimited dependants for full-year coverage*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2026 (for new Winter semester students) and from May 1 – Aug. 31, 2026 (for new Summer semester students) are available online.