

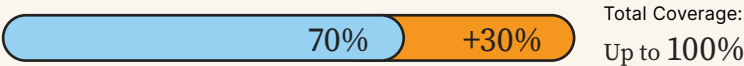
Exclusive Savings from Studentcare Network Partners*

- Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.
- Studentcare Networks

By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner.



Save More with Network Members**

Rexall

up to 100% off on your out-of-pocket prescription drug costs (max \$40)

25% off regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program

Specsavers

10% off contact lenses

LASIK MD VISION

\$550 off on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

Independent Vision Specialists

30% off prescription eyeglasses, up to \$75

Discounts on eye exams and contact lenses

PSYVITALITY

Preferred rates on 50-minute adult therapy or coaching sessions

and more!
Dentists, physiotherapists, massage therapists, chiropractors, and naturopaths

* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.
** Certain conditions apply.

An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the GSA Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs. Eligible students include:

- Full-time and part-time graduate students in September or January who pay McMaster fees, including international students, students away on exchange, and MBA students
- Graduate students starting in the Fall or Winter Term that are not covered under the CUPE 3906 Dental Plan
- Graduate students starting in the Fall or Winter Term that are covered by the CUPE 3609 Dental Plan (automatically covered by the Health Plan only)
- Full-time Fall and Winter Term Divinity students (automatically covered by the Health Plan only)

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See www.studentcare.ca for more details.

Group Numbers

Health, vision, and dental: MUG
Travel: 97180

(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

Submit Claims Quickly and Easily

Register to submit claims online by downloading the **Securian Canada Student Health Portal mobile app** or by visiting students-healthportal.securiancanada.ca



Download the Securian Canada mobile app.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.studentcare.ca to learn about all the applicable conditions and exclusions.



OUR ENVIRONMENTAL COMMITMENT ON PAPER
This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly and FSC certified. Bringing paper products full circle with sustainable innovation.

MCMA-GSA/BRO/09-25

Studentcare is becoming

ALUMO



2025–2026

McMaster GSA Health & Dental Plan

Insuring today.
Ensuring tomorrow.

Group Numbers

Health, vision, and dental: MUG
Travel: 97180
(Securian Canada)



For complete details on coverage, eligibility, and group numbers, visit www.studentcare.ca.



Health Plan

Health
Over \$10,000



- Prescription drugs
- Vaccinations
- Psychologists
- Physiotherapists
- Chiropractors
- Ambulance
- and more!

Vision
Up to \$150



- Eye exam
- Eyeglasses and contact lenses

Plus: Mental Health Services
Designed to Support Students

Mental Health & Wellness

 **Empower Me**
Powered by **Dialogue**

A student assistance program
providing mental health and
wellness services 24/7

For eligibility details,
see www.studentcare.ca.

Travel Plan

Care Abroad
Up to \$5,000,000



120 days per trip, up to
\$5,000,000 per lifetime, trip
cancellation and trip interruption
in the event of a medical emergency

Scan for a
summary of
benefits



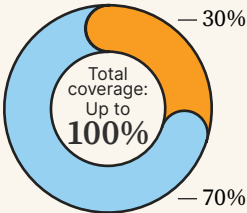
Dental Plan

Dental
Up to \$750

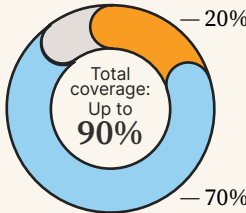


- Checkups
- Fillings
- Cleanings
- Root canals
- and more!

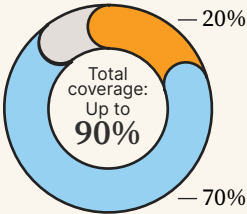
**Preventive
Services**
→ Recall
exams
→ Cleanings



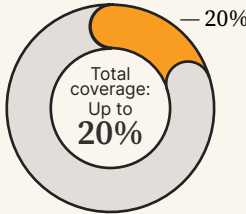
**Impacted
Wisdom
Tooth
Extractions**






**Basic
Services**
→ Fillings
→ Oral
surgery
→ Endodontics
(root canals)
→ Periodontics
(gum treatments)



**Major
Restorative**
→ Crowns
→ Bridges
→ Posts



 Insured Portion  Studentcare Dental Network Savings  Portion Not Covered

Price

Health &
Dental Plan
Combined
Annual Fee
\$522.00



Fall 2025
\$522.00

Health: \$292.00
Dental: \$230.00

Combined
Fee
(September-
August)

Winter 2026
(new students only)
\$348.00

Health: \$194.67
Dental: \$153.33

Combined
Fee
(January-
August)

Note that Divinity students may pay different fees. See www.studentcare.ca for details.

Change-of-Coverage Periods

Fall Term:
Sept. 3 - Oct. 1, 2025

If you're automatically covered, the **Plan fee**
is **included in your tuition and other fees**.

Winter Term (new students
only): Jan. 6 - 30, 2026

During the applicable period, you can change
your coverage, enrol your family, or opt out of
the Plan if you have proof of other coverage.
Some students may also be eligible to enrol
themselves in the Plan.
See www.studentcare.ca for instructions.

Summer Term (new students
only): May 5 - 29, 2026

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by
paying an additional fee, over and above your fee as a member of the Plan.
Common law couples are eligible. Visit www.studentcare.ca for instructions.



\$538.71
Add one dependant
for full-year
coverage*



\$1,077.41
Add unlimited
dependants for
full-year coverage*

* Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2026 (for new Winter Term students) and
from May 1 – Aug. 31, 2026 (for new Summer Term students) are available online.