

## Exclusive Savings from Studentcare Network Partners

- Your Plan Coverage**  
You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.
- Studentcare Networks**  
By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:

80% + 20% Total Coverage: 100%

## Save More with Network Members

**Rexall™**

New & Improved!

**Coverage of up to 100%\***  
on your out-of-pocket prescription drug costs (max \$40)

**25% off** regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program\*

\*Certain conditions apply.

**LASIK MD VISION**

**\$400 off Custom LASIK\***  
(\$200 off per eye)

**\$100 off Standard LASIK\***  
(\$50 off per eye)

\*Certain conditions apply.

**and more!**  
Dentists, physiotherapists, massage therapists, and chiropractors

**MW MY STUDENT WELLBEING**

50-minute virtual therapy sessions for **no more than \$130**

**Independent Vision Specialists**

**30% off** prescription eyeglasses, up to \$75

## An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the UMSU Enhanced Care Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Eligible students include:

- Undergraduate students who are UMSU members (i.e. students registered in at least one on-campus course) and registered for at least 6 credit hours in the Fall Term
- New Winter Term undergraduate students who are UMSU members (i.e. students registered in at least one on-campus course) and registered for at least 9 credit hours in the Winter Term
- Full-time graduate students who are UMGSA members

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees. See [www.studentcare.ca](http://www.studentcare.ca) for more details.

## Group Numbers

**Health, vision, and dental: 7654**  
(carrier: Manitoba Blue Cross)

**Travel: 97180**  
(Canadian Premier Life Insurance Company, which operates under the brand name Securian Canada, is the underwriter of this product.)

## Questions? Contact Us

**Scan for Plan details**



**Submit claims quickly and easily**

Register to submit claims online through Manitoba Blue Cross's **mybluecross® web portal or mobile app**. See [www.mb.bluecross.ca](http://www.mb.bluecross.ca) and download the app from the App Store or Google Play.



Note: To use the app, you must register on the web portal first.

**Care Office**  
Room 102C  
UMSU University Centre  
65 Chancellors Circle  
Winnipeg, Manitoba  
R3T 2N2



### OUR ENVIRONMENTAL COMMITMENT ON PAPER

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2024-2025

## Your UMSU Enhanced Care Student Health & Dental Plan

### Group Numbers

**Health, vision, and dental: 7654**  
(Manitoba Blue Cross)

**Travel: 97180**  
(Securian Canada)



Make the most out of it

## Providing Quality Coverage

### Health Plan

 **Health  
Over \$10,000**

Prescription drugs  
Vaccinations  
Psychologists  
Physiotherapists

Chiropractors  
Ambulance  
and more!

 **Vision  
Over**  **\$150+**  **\$250+**

Eye exam  
Eyeglasses and contact lenses

### Travel Plan

 **Care Abroad  
Up to \$5,000,000**

120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a  
summary of  
benefits



## Plus: more services designed to support students

Mental Health & Wellness

### Empower Me

Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7



For eligibility details, see [www.studentcare.ca](http://www.studentcare.ca).

Legal Care Program

### The Essentials


For eligible undergraduate students only:

A consultation service for all your legal questions, and legal representation for disputes related to housing, employment, academic rights, and more

Full-Year Fee: **\$28.00**  
Winter 2025 Fee: **\$18.67**



### Dental Plan

 **Dental  
Up to**  **\$500**  **\$750**  
(maximum per policy year)

Checkups  
Fillings  
Polishing

Root canals  
and more!

 Insured Portion  Studentcare Dental Network Savings

#### Preventive Services

- Recall exams
- Polishing

#### Restorative Services

- Fillings, extractions
- Oral surgery (note: not all surgeries are eligible)
- Periodontics (gum treatments)
- Bridge repairs
- Re-centering of bridges and crowns
- Scaling

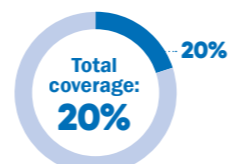
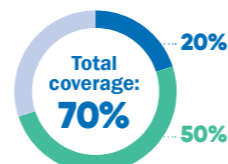
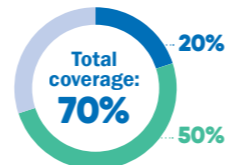
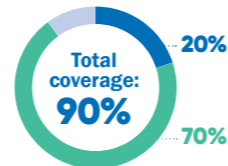
#### Endodontics

- Root canal

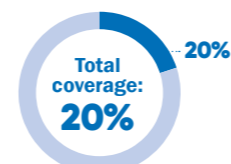
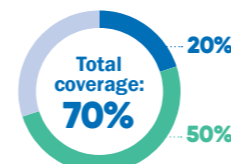
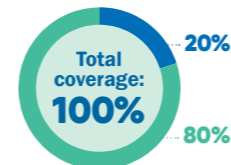
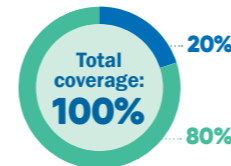
#### Major Restorative

- Crowns
- Bridges
- Posts

#### Basic Care Plan



#### Enhanced Care Plan



Obtaining preauthorization is recommended for dental work expected to cost \$500 or more. See [www.studentcare.ca](http://www.studentcare.ca) for details.

## At a Great Price

### Check it out!

Enhanced Care  
Annual Plan Fee  
(Sept. – Aug.)  
**\$365.00**  
Health: **\$195.00**  
Dental: **\$170.00**

Enhanced Care  
Winter 2025 Plan Fee  
(Jan. – Aug.)  
**\$243.33**  
Health: **\$130.00**  
Dental: **\$113.33**

### Looking for a different level of coverage?

Try the Basic Care Plan for \$265.00 or mix and match portions of the Enhanced Care and Basic Care Plans. See [www.studentcare.ca](http://www.studentcare.ca) for details.

## Change-of-Coverage Periods



**Fall Term:**  
Aug. 30 – Sept. 25, 2024

**Winter Term (new students only):**  
Dec. 27, 2024 – Jan. 23, 2025

If you're eligible, the fees for the Plan (undergraduate and graduate students) and the Legal Care Program (undergraduate students only) are automatically included in your tuition and other fees.

During the applicable period above, you can opt out of these services (you must have proof of other coverage to opt out of the Plan) or change your Plan coverage. See [www.studentcare.ca](http://www.studentcare.ca) for instructions.

**Note for graduate students:** University of Manitoba Graduate Students' Association (UMGSA) members have a separate website for changing their Plan coverage. They should visit [www.studentcare.ca](http://www.studentcare.ca) and select **UMGSA** rather than **UMSU** in the student association search bar.

## Introduce Me to Your Family

### Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) in the Plan each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [www.studentcare.ca](http://www.studentcare.ca) for instructions.



Add unlimited dependants for  
**\$547.50**  
for full-year coverage

Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2025 for new Winter Term students are available online.