

## Exclusive Savings from Studentcare Network Partners

**Your Plan Coverage**  
You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

**Studentcare Networks**  
By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:

60% + 20% Total Coverage: 80%

## Save More with Network Members

**Rexall**



**Coverage of up to 100%\***  
on your out-of-pocket prescription drug costs (max \$40)

**25% off** regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program\*

\*Certain conditions apply.

**PSYVITALITI**

Preferred rates on 50-minute adult therapy or coaching sessions

**LASIK MD**  
VISION

**\$400 off Custom LASIK\***  
(\$200 off per eye)

**\$100 off Standard LASIK\***  
(\$50 off per eye)

\*Certain conditions apply.

## An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the COTRSA Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs. Eligible students include:

- Full-time students (**registered for 9 or more credits**) in the Fall Semester in programs lasting at least 9 weeks, including eligible international students  
*Note: Courses must be delivered on campus (face to face) in order for the program to be eligible.*
- Most English Language Program (ELP) students taking 2 or more courses in the Fall Semester

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See [www.studentcare.ca](http://www.studentcare.ca) for more details.

## Policy/Group Numbers

**Health, vision, and dental: 76605**  
(insured by Pacific Blue Cross)

**Travel: 97180**  
(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

## Questions? Contact Us

**Scan for Plan details**



**Submit claims quickly and easily**

Claim through your Member Profile account, via the Pacific Blue Cross mobile app or online! Download the app from the **App Store** or **Google Play**, or sign up at <https://service.pac.bluecross.ca/member/login>.



### OUR ENVIRONMENTAL COMMITMENT ON PAPER

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2024-2025

## Your COTRSA Student Health & Dental Plan

### Policy/Group Numbers

**Health, vision, and dental: 76605**  
(Pacific Blue Cross)

**Travel: 97180**  
(Securian Canada)



Make the most out of it

STUDENTCARE\_BRO\_COTRSA\_09-24

## Providing Quality Coverage

### Health Plan

 **Health**  
**Over \$10,000**

Prescription drugs  
Vaccinations  
Psychologists  
Physiotherapists

Chiropractors  
Ambulance  
and more!

 **Vision**  
**Up to \$300**

Eye exam  
Eyeglasses and contact lenses  
Laser eye surgery

### Travel Plan

 **Care Abroad**  
**Up to \$5,000,000**

120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a  
summary of  
benefits



### Dental Plan

 **Dental**  
**Up to \$750**

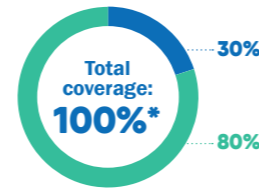
Checkups  
Fillings  
Cleanings

Root canals  
and more!

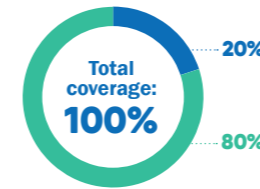
● Insured Portion ● Studentcare Dental Network Savings

#### Preventive Services

- Recall exams
- Cleanings

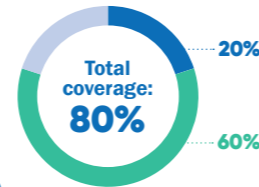


#### Impacted Wisdom Tooth Extractions



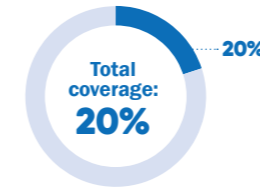
#### Basic Services

- Fillings
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



#### Major Restorative

- Crowns
- Bridges
- Posts



\* Note that total coverage can't exceed 100%.

## At a Great Price

### Check it out!

**Health & Dental Plan Combined**  
Annual Fee  
(Sept. – Aug.)  
**\$240**

## Change-of-Coverage Periods



**Fall Semester:**  
Aug. 28 – Sept. 18, 2024

**Winter Semester**  
(enrolments for new students only):  
Jan. 6 – 27, 2025

If you're automatically covered, **the Plan fee is included in your tuition and other fees.** During the applicable period above, you can opt out of the Plan if you have proof of other coverage or enrol your family. Some students may also be eligible to enrol themselves in the Plan. See [www.studentcare.ca](http://www.studentcare.ca) for instructions.

## Introduce Me to Your Family

### Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [www.studentcare.ca](http://www.studentcare.ca) for instructions.



Add one dependant for  
**\$480**  
for full-year coverage\*



Add unlimited dependants for  
**\$720**  
for full-year coverage\*

\* Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2025 for new Winter Semester students are available online.

## Plus: more services designed to support students

Mental Health & Wellness

### Empower Me

Powered by **Dialogue**

A student assistance program providing mental health and wellness services 24/7



Virtual Health Care

### HI

Powered by **Dialogue**

Virtual health care that connects you with nurses and physicians from anywhere in Canada



For eligibility details, see [www.studentcare.ca](http://www.studentcare.ca).