

## Exclusive Savings from Studentcare Network Partners

**Your Plan Coverage**  
You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

**Studentcare Networks**  
By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:

80% + 20% Total Coverage: 100%

## Save More with Network Members

**LASIK MD**  
VISION

**\$100 off Standard LASIK\***  
(\$50 off per eye)

**\$200 off Custom LASIK\***  
(\$100 off per eye)

\*Certain conditions apply.

**Rexall**

10% off prescription drugs  
(max \$40)\*

20% off select regularly priced  
Rexall brand non-prescription  
products\*

\*Certain conditions apply.

**Discover more partners online!**  
Dentists, physiotherapists,  
massage therapists, and  
chiropractors

## An Essential Service on Campus

As an eligible student, you're automatically covered by one of the most important services on campus, the UMSU Enhanced Care Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Eligible students include:

- Undergraduate students who are UMSU members (i.e. students registered in at least one on-campus course) and registered for at least 6 credit hours in the Fall Term
- New Winter Term undergraduate students who are UMSU members (i.e. students registered in at least one on-campus course) and registered for at least 9 credit hours in the Winter Term
- Full-time graduate students who are UMGSA members

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees. See [www.studentcare.ca](http://www.studentcare.ca) for more details.

## Group Numbers

**Health, vision, and dental:**  
**7654** (carrier: Manitoba Blue Cross)

**Travel: 97180**  
(Canadian Premier Life Insurance Company, which operates under the brand name Securian Canada, is the underwriter of this product.)

## Questions? Contact Us

[www.studentcare.ca](http://www.studentcare.ca)



Scan the QR code for more details on your Plan.

## Submit claims quickly and easily on the go

Register to submit claims online through Manitoba Blue Cross's **mybluecross@ web portal or mobile app**. See [www.mb.bluecross.ca](http://www.mb.bluecross.ca) and download the app from the App Store or Google Play.

Note: To use the app, you must register on the web portal first.



### OUR ENVIRONMENTAL COMMITMENT ON PAPER

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University of Manitoba  
**STUDENTS' UNION**



**STUDENTCARE**

**Make the most out of it**

2023-2024

## Your UMSU Enhanced Care Student Health & Dental Plan

### Group Numbers

**Health, vision, and dental: 7654**  
(Manitoba Blue Cross)

**Travel: 97180**  
(Securian Canada)

## Providing Quality Coverage

### Health Plan

 **Health  
Over \$10,000**

Prescription drugs  
Vaccinations  
Psychologists  
Physiotherapists

Chiropractors  
Ambulance  
and more!

 **Vision  
Over** Basic \$150+ Enhanced \$250+

Eye exam  
Eyeglasses and contact lenses

### Travel Plan


 **Care Abroad  
Up to \$5,000,000**

120 days per trip, up to \$5,000,000 per lifetime (includes eligible COVID-19 medical expenses), trip cancellation and trip interruption in the event of a medical emergency or an eligible Travel Advisory

For a complete description of your coverage, visit [www.studentcare.ca](http://www.studentcare.ca).

**What are you waiting for?  
Make the most out of it!**

### Dental Plan

 **Dental  
Up to** Basic \$500 Enhanced \$750  
(maximum per policy year)

Checkups  
Fillings  
Polishing

Root canals  
and more!

● Insured Portion ● Studentcare Dental Network Savings

#### Preventive Services

- Recall exams
- Polishing

#### Restorative Services

- Fillings, extractions
- Oral surgery (note: not all surgeries are eligible)
- Periodontics (gum treatments)
- Bridge repairs
- Re-centering of bridges and crowns
- Scaling

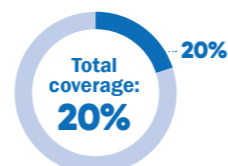
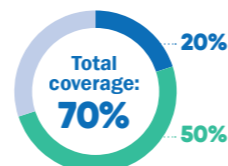
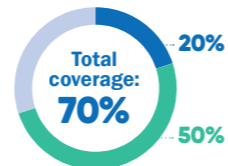
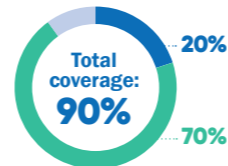
#### Endodontics

- Root canal

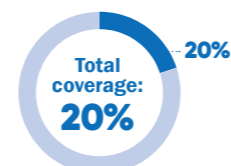
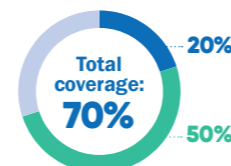
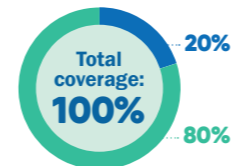
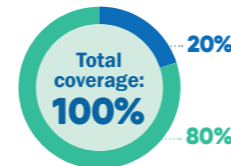
#### Major Restorative

- Crowns
- Bridges
- Posts

#### Basic Care Plan



#### Enhanced Care Plan



Obtaining preauthorization is recommended for dental work expected to cost \$500 or more. See [www.studentcare.ca](http://www.studentcare.ca) for details.

## At a Great Price

### Check it out!

**Enhanced Care  
Annual Plan Fee**  
(Sept. - Aug.)  
**\$345.00**  
Health: \$175.00  
Dental: \$170.00

**Enhanced Care  
Winter 2024 Plan Fee**  
(Jan. - Aug.)  
**\$230.00**  
Health: \$116.67  
Dental: \$113.33

### Looking for a different level of coverage?

Try the Basic Care Plan for \$245.00 or mix and match portions of the Enhanced Care and Basic Care Plans. See [www.studentcare.ca](http://www.studentcare.ca) for details.

## Change-of-Coverage Periods



**Fall Term:**  
Aug. 25 – Sept. 20, 2023

**Winter Term (new students only):**  
Dec. 26, 2023 – Jan. 23, 2024

If you're eligible, **the fees for the Plan (undergraduate and graduate students) and the Legal Care Program (undergraduate students only) are automatically included in your tuition and other fees.**

During the applicable period above, you can opt out of these services (you must have proof of other coverage to opt out of the Plan) or change your Plan coverage. See [www.studentcare.ca](http://www.studentcare.ca) for instructions.

**Note for graduate students:** University of Manitoba Graduate Students' Association (UMGSA) members have a separate website for changing their Plan coverage. They should visit [www.studentcare.ca](http://www.studentcare.ca) and select **UMGSA** rather than **UMSU** in the student association search bar.

## Introduce Me to Your Family

### Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) in the Plan each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [www.studentcare.ca](http://www.studentcare.ca) for instructions.



**Add unlimited dependants for**  
**\$517.50**  
for full-year coverage

Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2024 for new Winter Term students are available online.

## Plus: more services designed to support students

**New!**

Mental Health & Wellness

### Empower Me

Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

For eligibility details, see [www.studentcare.ca](http://www.studentcare.ca).

Legal Care Program

### The Essentials

For eligible undergraduate students only:

A consultation service for all your legal questions, and legal representation for disputes related to housing, employment, academic rights, and more

Annual Fee: **\$28.00**  
Winter 2024 Fee: **\$18.67**