

## Exclusive Savings from Studentcare Network Partners

### Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

### Studentcare Networks

By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:

70%

+ 20%

Total Coverage: 90%

## Save More with Network Members

**LASIK MD**  
VISION

**\$100 off Standard LASIK\***  
(\$50 off per eye)

**\$200 off Custom LASIK\***  
(\$100 off per eye)

\*Certain conditions apply.

Specsavers

**Savings on eyeglasses and eye exams**

**Rexall**

Savings of up to 33% (max \$40) on your out-of-pocket costs\*

20% off select regularly priced Rexall brand non-prescription products\*

\*Certain conditions apply.

PSYVITALITI

Preferred rates on 50-minute adult therapy or coaching sessions

Victoria Studentcare Vision Network

**\$75 off**  
select prescription eyeglass models

**\$70**  
eye exams

**Discover more partners online!**  
Dentists, physiotherapists, and chiropractors

## An Essential Service on Campus

As an eligible student, you're automatically covered by one of the most important services on campus, the RRUSA Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Undergraduate students registered in full-time on-campus classes in September, January, or May are eligible, including:

- Students in Global Learning and Language Centre (GLLC) programs
- Students in accelerated undergraduate degree-completion programs

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See [www.studentcare.ca](http://www.studentcare.ca) for more details.

## Policy/Group Numbers

**Health, vision, and dental: 43004**  
(insured by Pacific Blue Cross)

**Travel: 97180**  
(Canadian Premier Life Insurance Company, which operates under the brand name Securian Canada, is the underwriter of this product.)

## Questions? Contact Us

[www.studentcare.ca](http://www.studentcare.ca)



Scan the QR code for more details on your Plan.

### Submit claims quickly and easily on the go

Claim through your Member Profile account, via the Pacific Blue Cross mobile app or online! Download the app from the **App Store** or **Google Play**, or sign up at <https://service.pac.bluecross.ca/member/login>.



**STUDENTCARE**

**Make the most out of it**

2023-2024

## Your RRUSA Student Health & Dental Plan

### Policy/Group Numbers

**Health, vision, and dental: 43004**  
(Pacific Blue Cross)

**Travel: 97180**  
(Securian Canada)



### OUR ENVIRONMENTAL COMMITMENT ON PAPER

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## Providing Quality Coverage

### Health Plan

 **Health  
Over \$10,000**

Prescription drugs  
Vaccinations  
Psychologists  
Physiotherapists

Chiropractors  
Ambulance  
and more!

 **Vision  
Over \$300**

Eye exam  
Eyeglasses and contact lenses  
Laser eye surgery

### Travel Plan

 **Care Abroad  
Up to \$5,000,000**

120 days per trip, up to \$5,000,000 per lifetime (includes eligible COVID-19 medical expenses), trip cancellation and trip interruption in the event of a medical emergency or an eligible Travel Advisory

For a complete description of your coverage, visit [www.studentcare.ca](http://www.studentcare.ca).

**What are you waiting for?  
Make the most out of it!**

### Dental Plan

 **Dental  
Up to \$700**

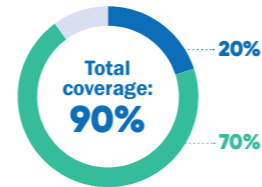
Checkups  
Fillings  
Cleanings

Root canals  
and more!

 Insured Portion  Studentcare Dental Network Savings

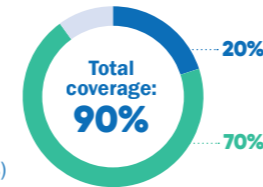
#### Preventive Services

- Recall exams
- Cleanings
- Impacted wisdom tooth extractions



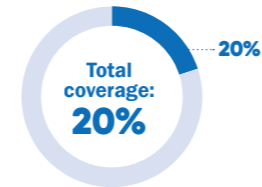
#### Basic Services

- Fillings
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



#### Major Restorative

- Crowns
- Bridges
- Posts



## Change-of-Coverage Periods

 **Fall semester:**  
Sept. 6 - Oct. 4, 2023

**Summer semester**  
(new students only):  
Apr. 24 - May 15, 2024

**Winter semester**  
(new students only):  
Jan. 9 - Feb. 5, 2024

If you're automatically covered, **the Plan fee is included in your tuition and other fees.**

During the applicable period above, you can opt out of the Plan if you have proof of other coverage or enrol your family. Some students may also be eligible to enrol themselves in the Plan. See [www.studentcare.ca](http://www.studentcare.ca) for instructions.

## At a Great Price

### Check it out!



## Introduce Me to Your Family

### Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [www.studentcare.ca](http://www.studentcare.ca) for instructions.

 Add one dependant for **\$480.00** for full-year coverage\*

 Add unlimited dependants for **\$800.00** for full-year coverage\*

\*Family enrolment fees for coverage from Jan. 1 - Aug. 31, 2024 (for new Winter semester students) and from May 1 - Aug. 31, 2024 (for new Summer semester students) are available online.

## Plus: mental health services designed to support students

**NEW!**

Mental Health & Wellness

### Empower Me

Powered by **Dialogue**



A student assistance program providing mental health and wellness services 24/7

For eligibility details, see [www.studentcare.ca](http://www.studentcare.ca).