Exclusive Savings from ASEQ Network Partners*

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

ASEQ Networks

By consulting a Network member, you'll get additional coverage.

Example of a claim made using an ASEO Dental Network practitioner:

+ 30%

Save More with Network Members

greiche & scaff

\$150 off* eyeglasses

10% off* contact lenses

*Certain conditions apply

LASIK MD

\$100 off Standard LASIK

(\$50 off per eye)

\$200 off Custom LASIK

(\$100 off per eye)

*Certain conditions apply

Discover more partners online!

ASEO Montreal **Vision Network**

\$80 eye exams*

\$75 off

prescription eyeglasses (frames and lenses)

*Certain conditions apply.



\$30 discount

on a regular 50-minute adult therapy or coaching session

Dentists, physiotherapists, and chiropractors

An **Essential Service** on Campus

If you're a student at the National Theatre School of Canada, you have access to one of the most important services on campus, the NTS Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs, like vision care, dental care, and travel care abroad.

If you're an international student, you have access to the dental portion of the Plan only, unless you have a provincial health-care card (RAMO). Visit www.aseq.ca for more details on eligibility.

We invite you to verify if you're already covered by another plan (through an employer, parent, or spouse). If so, the student Plan can still be of interest to you, as you can be reimbursed the remaining eligible fees (partially or fully) through your secondary plan.



Desiardins Insurance

PO Box 3950



GreenShield

Levis, Quebec G6V 8C6 1-866-647-5013 Health, vision, and dental benefits are insured by Desjardins Insurance. Group Number: 01600

Desigrdins Insurance refers to Desigratins Financial Security Life Assurance Company.

677 Anchor Drive PO Box 1606 Windsor, ON N9A 6W1 1-888-711-1119 Gender Affirmation Care medical coverage is insured by GreenShield.

Group Number: GAE

Please note that Conversation, AlloDoc!, and The Essentials are not insurance products.

To determine if these products are right for you, for more details, or to contact a licensed insurance representative. visit www.aseq.ca.

GreenShield securian

Securian Canada

1400-25 Sheppard Avenue West Toronto, Ontario M2N 6S6 1-866-969-5949 for coverage information 1-888-852-2419 or 1-514-904-4730 for claims

Travel coverage is underwritten by Canadian Premier Life Insurance Company. Group Number: 97180

Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Policies are underwritten by Canadian Premier Life Insurance Company. For more information visit www.securiancanada.ca or call 1-844-894-0378.

Questions? Contact Us



Scan the QR code for more details on your Plan.

www.asea.ca

Submit claims quickly and easily

Register on the **Omni™ mobile app** or Designation Insurance's online portal. Access your Pay-Direct Card, which lets you get claims processed immediately. and submit eligible types of claims online.

Omni[™] and the Omni logo are trademarks of Desiardins Financial Security Life Assurance Company, used under licence by ASEO.





OUR ENVIRONMENTAL COMMITMENT ON PAPER

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Make the most out of it

2023-2024

Your NTS Student Health & Dental Plan

Group Numbers

Health, vision, and dental: Q1600

Travel: 97180 (Securian Canada)

Gender Affirmation Care: GAE (GreenShield)



Providing Quality Coverage

Health Plan



Up to \$10,000

Contraceptive methods Physiotherapists **Antidepressants** Vaccinations and more!

Chiropractors Ambulance



Vision **Over \$450**

Eve exam Eyeglasses and contact lenses Accident coverage for eyeglasses Laser eye surgery

Travel Plan



Care Abroad Up to \$5,000,000

120 days per trip, up to \$5,000,000 per lifetime (includes eligible COVID-19 medical expenses), trip cancellation and trip interruption in the event of a medical emergency or an eligible Travel Advisory

For a complete description of your coverage and to obtain your certificate number, visit www.aseg.ca.

What are you waiting for? Make the most out of it!

Dental Plan



Dental Up to \$1.000

Checkups Cleanings Fillings

Wisdom tooth extractions and more!

Insured Portion

ASEO Dental Network Savings

Preventive Services

- · Recall exams
- Cleanings

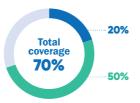


Extraction of Impacted Teeth



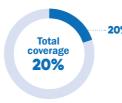
Basic Services

- Minor restorative (fillings)
- · Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



Major Restorative • Crowns

Bridges



Plus: more services designed to support students

New!

LGBTQIA2S+ Support



Coverage for gender-affirming medical care and legal assistance for students diagnosed with gender dysphoria

Mental Health & Wellness

Conversation

Powered by **Dialogue**

Fast access to mental health professionals with no out-of-pocket cost, offering consultations until remission

AlloDoc!

Powered by Dialogue

Virtual health care that connects you with nurses and physicians from anywhere in Canada

Legal Care Program

The Essentials

A consultation service for all vour legal questions, and legal representation for disputes related to housing, employment, academic rights, and more

For eligibility details, see www.aseq.ca

Change-of-Coverage & Opt-Out Period



Fall semester Sept. 1 - Oct. 2, 2023

The Plan is a non-mandatory automatic contribution.

All opt outs or coverage changes can be completed with the NTS opt-out form. You can request an annual opt out.

At a Great Price

Check it out!



^{*}This is an annual Plan. Students will therefore be covered for one year.

Introduce Me to **Your Family**

Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.aseq.ca for instructions.



Add one dependant for \$374.95 for full-year coverage



Add unlimited dependants for \$749.90 for full-year coverage