

## EXCLUSIVE SAVINGS FROM ASEQ NETWORK PARTNERS\*

### SAVING YOU MORE MONEY!

greiche & scaff

**15% OR \$100 OFF\***

a complete pair of prescription  
eyeglasses or sunglasses  
(frames and lenses)

\*The higher discount will apply.

**LASIK MD**  
VISION

**\$50 OFF/EYE**  
on Standard LASIK\*

**\$100 OFF/EYE**  
on Custom LASIK\*

\*Certain conditions apply.

\*} PSYVITALITÏ

**\$30 DISCOUNT\***

on a regular 50-minute adult  
therapy or coaching session

\*Your Plan only covers a portion  
of the cost of therapy sessions.

Discover more  
partners online!  
Dentists, physiotherapists,  
and chiropractors

## QUESTIONS? CONTACT US



**Care Office**  
Université de Sherbrooke, Main Campus  
Multifunctional Pavilion  
Room B5-007-4

**Care Centre**  
514-687-6987 / 873-389-0437  
[www.aseq.ca](http://www.aseq.ca)



LIVE CHAT AND  
WEB REQUEST FORM  
AVAILABLE

**NOTE:** This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit [www.aseq.ca](http://www.aseq.ca) to learn about all the applicable conditions and exclusions.

### THE MOST POPULAR COVERAGE ON CAMPUS

As a graduate student at the Université de Sherbrooke and a member of REMDUS, you have access to one of the most important services on campus, the REMDUS Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs, like vision care, dental care, and travel care abroad. If you're an international student, you have access to the dental portion of the Plan only, unless you have a provincial health-care card (RAMQ). Visit [www.aseq.ca](http://www.aseq.ca) for more details on eligibility.

We invite you to verify if you're already covered by another plan (through an employer, parent, or spouse). If so, the student Plan can still be of interest to you, as you can be reimbursed the remaining eligible fees (partially or fully) through your secondary plan.



**Desjardins Insurance**  
PO Box 3950  
Levis, Quebec G6V 8C6  
**1-866-647-5013**  
Health, vision, and dental benefits are insured by Desjardins Insurance.  
Group Number: Q1616  
Desjardins Insurance refers to Desjardins Financial Security Life Assurance Company.



**Blue Cross**  
PO Box 1046, Stn. Main  
Winnipeg, Manitoba R3C 2X7  
**1-866-601-2583 (toll-free): Canada/United States**  
**0-204-775-2583 (collect): other countries**  
Travel coverage is administered by Blue Cross.  
Group Number: 97180  
Blue Cross designates Blue Cross Life Insurance Company of Canada.

To determine if this product is right for you, for more details, or to contact a licensed insurance representative, visit [www.aseq.ca](http://www.aseq.ca).



**OUR ENVIRONMENTAL  
COMMITMENT ON PAPER**  
This document contains 100% post-consumer fibre,  
Certified EcoLogo, Processed Chlorine Free, and FSC®  
Certified Recycled. Manufactured using biogas energy.



Regroupement étudiant de maîtrise,  
diplôme et doctorat de l'Université de Sherbrooke

2020-2021

## YOUR REMDUS STUDENT HEALTH & DENTAL PLAN

Make the most out of it



\*ASEQ and the insurers do not endorse or assume any  
responsibility with respect to the use of their services.

ASEQ\_BRO\_REMDUS\_EN\_09-20

## PROVIDING QUALITY COVERAGE

### HEALTH PLAN



**HEALTH  
UP TO \$10,000**

Contraceptives  
Antidepressants  
Vaccinations  
Psychologists  
Physiotherapists

Chiropractors  
Massage therapists  
Osteopaths  
Ambulance  
and more!



**VISION  
OVER \$250**

Eye exam  
Eyeglasses and contact lenses  
Laser eye surgery

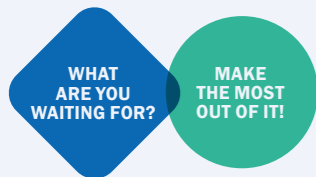
### TRAVEL PLAN



**CARE ABROAD  
UP TO \$5,000,000**

120 days per trip, up to \$5,000,000 per lifetime (NEW: includes eligible COVID-19 medical expenses), trip cancellation and trip interruption in the event of a medical emergency or an eligible Travel Advisory

FOR A COMPLETE DESCRIPTION OF YOUR COVERAGE AND TO OBTAIN YOUR CERTIFICATE NUMBER, VISIT [WWW.ASEQ.CA](http://WWW.ASEQ.CA).



### DENTAL PLAN



**DENTAL  
UP TO \$750**

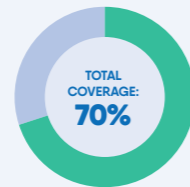
Checkups  
Cleanings  
Fillings

Extractions  
and more!

● Insured Portion

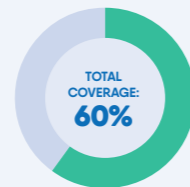
#### Preventive Services

- Recall exams
- Cleanings



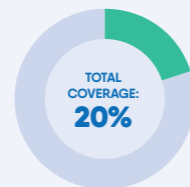
#### Basic Services

- Minor restorative (fillings)
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)
- Extraction of impacted teeth



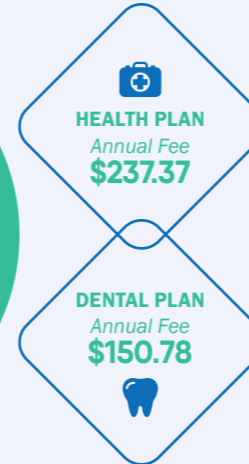
#### Major Restorative

- Crowns
- Bridges



## AT A GREAT PRICE

### CHECK IT OUT!



FALL 2020 FEE  
**\$129.38**

Health Plan  
**\$79.12**  
Dental Plan  
**\$50.26**

WINTER 2021 FEE  
**\$258.77**

Health Plan  
**\$158.25**  
Dental Plan  
**\$100.52**



*\*This is an annual Plan. Students will therefore be covered for one year (September–August). If you begin your studies in the winter, you may make an opt-out or change-of-coverage request in the Winter Term.*

**Fall 2020 Combined Fee**  
(September–December)  
**\$129.38**

**Winter 2021 Combined Fee**  
(January–August)  
**\$258.77**

### INTRODUCE ME TO YOUR FAMILY

Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [www.aseq.ca](http://www.aseq.ca) for instructions.

**+1** Add one dependant for  
**\$388.15**  
for full-year coverage\*

**∞** Add unlimited dependants for  
**\$776.30**  
for full-year coverage\*

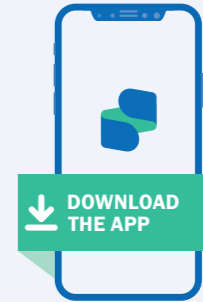
*\*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2021 for new Winter Term students are available at [www.aseq.ca](http://www.aseq.ca).*

## THE EASE OF CLAIMING AT YOUR FINGERTIPS

### QUICK CLAIMING & REIMBURSEMENT

Five Easy Steps:

- 1 Create a profile.
- 2 Take a picture of your receipt with your device.
- 3 Send it to your insurer via the app.
- 4 Wait for your claim to be quickly processed.
- 5 Receive a refund by direct deposit.



Search  
**ASEQ mobile**  
to download  
now!

Available on the  
**App Store**

ANDROID APP ON  
**Google Play**

Claim forms are also available online at [www.aseq.ca](http://www.aseq.ca).

### CHANGE-OF-COVERAGE AND OPT-OUT PERIODS

- ▶ Fall Term students:  
**Sept. 15 – Oct. 15, 2020**
- ▶ New Winter Term students only:  
**Jan. 15 – Feb. 15, 2021**

The Plan is a non-mandatory automatic contribution included on your Université de Sherbrooke tuition bill.

All opt outs or coverage changes can be completed online at [www.aseq.ca](http://www.aseq.ca). You can choose between an annual or a permanent opt out.

VISIT  
**WWW.ASEQ.CA**